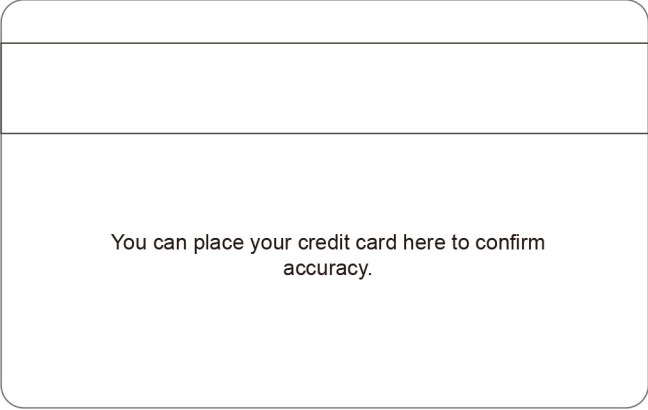


Print this page. Make sure this guide is printed on US Letter size paper (8.5 x 11") and scaled to 100%. (You can open that box by pressing CTRL+P)

Measure the verification bar by a ruler to confirm accuracy, it must be 3 cm, 30 mm long.



Option 1. Measure By Matching Your Ring

If you have a ring that fits your finger accurately, you can determine your size by placing your ring on the circles below. Once you place your ring, make sure to match the inside edge (the blue circle) without any spaces. The red circle should not be seen when looked at the ring vertically from above. If the ring falls between two sizes, we advise that you order the larger size.

 <p>4.5 15.27mm</p>	 <p>5 15.6mm</p>	 <p>5.5 16.0mm</p>	 <p>6 16.45mm</p>	 <p>6.5 16.9mm</p>
 <p>7 17.3mm</p>	 <p>7.5 17.7mm</p>	 <p>8 18.2mm</p>	 <p>8.5 18.6mm</p>	 <p>9 19.0mm</p>
 <p>9.5 19.4mm</p>	 <p>10 19.9mm</p>	 <p>10.5 20.2mm</p>	 <p>11 20.6mm</p>	 <p>11.5 21.0mm</p>
 <p>12 21.4mm</p>	 <p>12.5 21.8mm</p>	 <p>13 22.2mm</p>		

These measurements refer to the inside **diameter** of the ring.

Option 2. Measure With The Gold Poem Sizer

Carefully cut along the outline of the sizer. Make a small slit on the line on the left end of the sizer. Wrap the sizer around the intended finger with the numbers facing out. Move the sizer to the larger part of the finger and pull tightly. The sizer must fit snugly to produce an accurate size.

